## VIDYA BHAWAN BALIKA VIDYAPEETH

## STUDY MATERIAL SCIENCE CLASS-VIII

<u>Date: 12-08-2021</u> Teacher: Poonam Kumari

## Reaching the age of adolescence EXERCISE

- 1. What is the term used for secretions of endocrine glands responsible for changes taking place in the body?
- 2. Define adolescence.
- 3. What is menstruation? Explain.
- 4. List changes in the body that take place at puberty.
- 5. Prepare a table having two columns depicting names of endocrine glands and hormones secreted by them.